

The image features three Erlenmeyer flasks arranged horizontally. The first flask on the left is being filled with blue liquid from a pipette. The second flask in the middle shows the blue liquid being dispersed in the water, creating a cloud-like pattern. The third flask on the right shows the blue liquid fully mixed into the water, resulting in a uniform light blue color. The background is a dark, neutral grey.

NATURE IS OUR PRIMARY HEALER  
SUN ENERGY IMPROVES EPIGENETICS

BACK TO BASICS – AIR – WATER – SUNLIGHT

# THE PROBLEM THE WORLD IS TOXIC

- AIR
- WATER
- FOOD
- CHEMICALS
- METALS
- E-SMOG



## EPIGENETIC INFLUENCERS

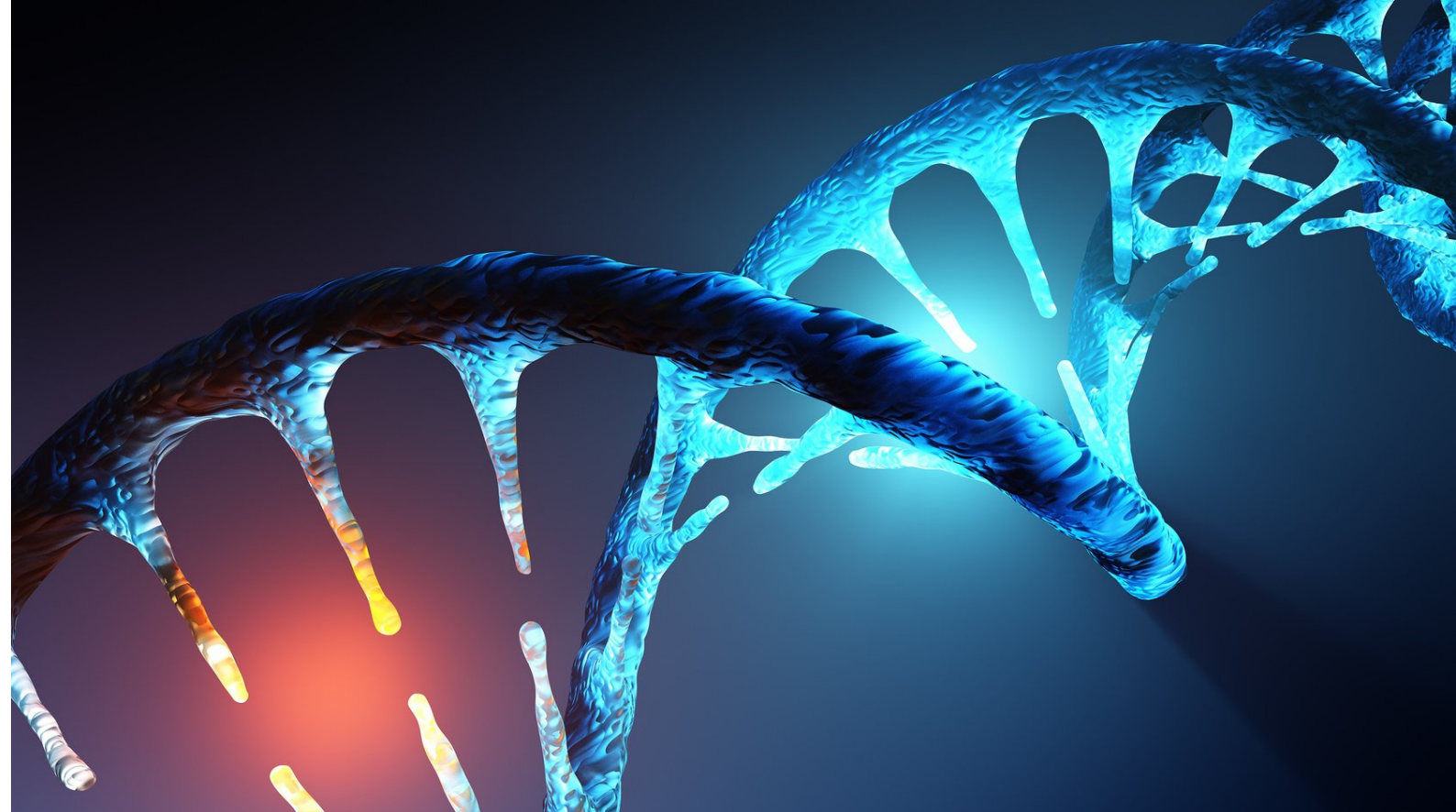
- Environment
- Genetic Profile
- Nutrition
- Lifestyle



### **Solutions**

InfraRed Wave Lengths - Sauna  
Transition to an Alternative Healthy Hacked  
Life & Environment

```
mirror_mod = modifier_ob.  
#set mirror object to mirror  
mirror_mod.mirror_object  
operation == "MIRROR_X":  
mirror_mod.use_x = True  
mirror_mod.use_y = False  
mirror_mod.use_z = False  
operation == "MIRROR_Y":  
mirror_mod.use_x = False  
mirror_mod.use_y = True  
mirror_mod.use_z = False  
operation == "MIRROR_Z":  
mirror_mod.use_x = False  
mirror_mod.use_y = False  
mirror_mod.use_z = True  
  
#selection at the end -add  
mirror_ob.select= 1  
modifier_ob.select=1  
context.scene.objects.active  
("Selected" + str(modifier_ob.name))  
mirror_ob.select = 0  
= bpy.context.selected_objects  
data.objects[one.name].select  
  
print("please select exactly  
  
-- OPERATOR CLASSES --  
  
types.Operator):  
# X mirror to the selected  
object.mirror_mirror_x"  
"Mirror X"  
  
context):  
context.active_object is not
```



## HACKS FOR EPIGENETICS SOLUTIONS

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## BIO-HACK YOUR WAY BACK TO HEALTH



- Detox
- Stack
- Replenish
- Flourish



# THE SOLUTION

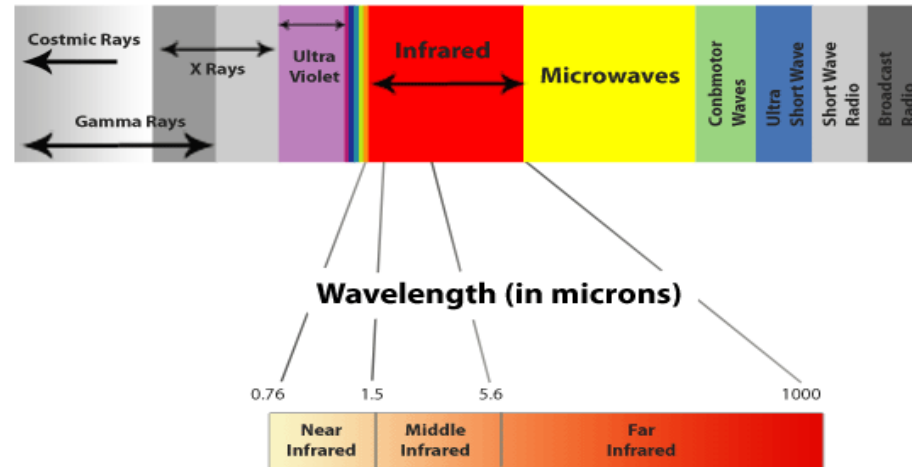
# THE MIGHT OF LIGHT

- Detox - Mobilize Toxins
- Reduce Pain
- Improve Circulation
- Improve Sleep
- Enhance Recovery
- Reduce Oxidative Stress
- Anti Stress
- Anti Age
- Rebalance Epigenetics

## The Power of Full Spectrum InfraRed Wave Lengths



# InfraRed - Near vs. Far vs. Full Spectrum



## NIR

Cell Energy  
NO  
Micro Circulation  
Skin Related Healing

## MIR

Pain Relief  
Circulation

## FAR

Pain Relief  
Heavy Metal Detox  
Enhanced Metabolism  
Improved Circulation





# INFRARED & EPIGENETICS

- ✓ Find out how red, infrared light and heat can promote healthy proteins, positive cellular replication, and ultimately the highest version of your DNA expression.
- ✓ Stem Cells – Exosomes
- ✓ Protein Folding
- ✓ Oxidative Stress
- ✓ Re Structures Water
- ✓ HSP
- ✓ Telomeres
- ✓ Cellular Cleanse



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# I'M SO CONFUSED



## Internet Over Load Mis-Information

What if you don't have the time  
to investigate !!

What if you have a chronic health  
Challenge and your not clear  
thinking !!



# INFRARED SAUNA CHOICES



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## TOXICITY & INFLAMMATION

- Travel on the same bio-highway
- Lower Toxicity - Lower Inflammation
- Full Spectrum IR is the way to go
- Research - Discover - Apply



# STACK ATTACK



Ozone

Aroma Therapy

Energized Air

Guided Meditation

Find & Bind Protocol

- 
- Think about your Health Goals
  - Choose the appropriate device to match your goals
  - Understand the Basics – Best Practices
  - Start off Low and Slow
  - Identify the Applied Science that Best serves you
  - Enhanced Prevention Science – Hacks for Health
  - Testing – Materials - EMF / ELF
  - Practice Management – InfraRed Training and integration





For Additional Information

## Therasage

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